

Lightly spiced baked beans

Serves 4

Preparation and cooking time Approx. 10 minutes

Ingredients

- 2x 400-gram tins of baked beans
- 1 teaspoon chilli powder/or paprika
- 4 slices of bread (toasted)

Method

1. Open the beans and place in a saucepan over a medium heat.
2. Add the spices, Heat through for five minutes and pour into a bowl to serve.
3. Serve on a slice of toast or mix through cooked pasta for bigger meal
4. **Please ensure lightly spiced beans are served piping hot**
5. **PLEASE BE AWARE OF THE SAFETY ASPECT, AND KEEP YOUR CHILDREN AWAY FROM HOT PANS AND OVENS**