

Upcycle old furniture

Have you got an old chair in your house that you've been meaning to get rid of or a dresser that's looking a bit worse for wear? This is a great opportunity to come up with ways that you can revamp your old furniture. Sand down and repaint wooden furniture.

Or replace the cushion cover on a chair with a piece of spare fabric. Whatever you choose to do, make it your own. And there's no pressure to get it perfect because if you hate it you can still get rid of it once the lockdown is over. There's nothing to lose.

Make new clothes from old ones

This is similar to upcycling your furniture but this time with clothes. We're all guilty of keeping clothes that we no longer wear or that don't fit us. There's no need to throw anything away... simply transform them into something new. If you've got a sewing machine or you're skilled with a needle then you could opt for a more ambitious project. You could use an old dress to make a new top. But if you're like me and you aren't the best at textiles then you could simply take apart a few old items of clothing and sew together the spare pieces of fabric to make a patchwork blanket.

Take a long bath

How many times have you wanted to take a bath but taken a shower instead because it's quicker? I've done it too many times to count! I have so many bath bombs and soaps which I've bought or been given as presents and I never use them. Now we can all use our special bath products and enjoy the luxury of a long, relaxing bath. Put some music on, read a book or watch a movie. Add some candles around the bathroom to make it even more calming. This is the perfect way to forget about the stresses of the outside world.